**Statement of Lived Experience- NDIS Access.**  
Rights Information & Advocacy Centre Inc. (RIAC)  
By \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

NDIS number: \_\_\_\_\_\_\_\_\_

Introduction1. I am writing this statement in support of my application for Access to the NDIS.  
2. The purpose of this statement is to share with the NDIA my background and my experience living with my disabilities and the support I need to live a life to its full potential.  
3. Write about your condition/ disability, where you are living, the challenges you’ve faced, and provide a summary about anything you would like the NDIA to know about you as an introduction.

Access to the Scheme

4. My condition is permanent (or likely to be permanent) and I am likely to need support for my lifetime (insert details). Write about the condition/ or disabilities that you live with, and the permanency of your disabilities.5. According to the NDIS I am required to have substantially reduced functional capacity in one or more of the following areas:  
a. Communication (insert details & examples)  
b. Social Interaction (insert details & examples)  
c. Learning (insert details & examples)  
d. Mobility (insert details & examples)  
e. Self-care (insert details & examples)  
f. Self-management (insert details & examples)

Provide examples of how your day to day life is impacted by having a disability   
 Centre Inc. (RIAC)  
Benefits of more support6. Describe how life has been for you living without the supports you need.  
7. What are the benefits you see in having more support?  
8. What do you think will change in your life with more support?  
9. What are the risks if you do not receive support you need?  
(include any day to day examples from you have experienced)

Informal Supports10. Explain who your informal supports are in your life, such as family members and friends.   
11. Explain the limitations of your informal supports.  
a. Explain any risks to your wellbeing by relying on supports from family members/ carers/informal networks/ and the community. Include how this may reduce your independence.  
b. Explain any risks to the long term wellbeing of any informal supports in your life.

Conclusion12. What are your future plans? What would you like to achieve if you gain Access to NDIS?

Thank you for taking into account my personal experience when making a decision about my Access request to NDIS.  
I hope it allows you to understand why I have made the request for Access to NDIS.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_/\_\_\_\_\_\_/\_\_\_\_\_